

This institution is an equal opportunity provider.

BALANCED MEAL CHOICES

Must pick 3 items total, including one fruit item,

FRUIT

MAY PICK 1 OR 2 OF THE FOLLOWING:

- FRUIT CUP
- FRESH FRUIT
- JUICE

AND

GRAIN/BREAD

MAY PICK 1 OR 2 OF THE FOLLOWING:

- CEREAL
- BREAKFAST PASTRY
- CEREAL BAR

YOU MAY ALSO TAKE A MILK (OPTIONAL)

MENU SUBJECT TO CHANGE